

Conference:
**LEGAL STRUCTURING FOR A BETTER MENTAL WELL-BEING
THROUGH PSYCHO-THERAPEUTICAL APPROACHES IN LEBANON**

MEET THE SPEAKERS



Nicolas Béchar Rizk

Licensed clinical psychologist and therapist for adolescents and adults, Nicolas holds a graduate degree (DESS) in Clinical and Pathological Psychology and a BA in Education from Saint Joseph University (USJ). He has a long experience in the fields of Educational Administration and the Inclusive Schools' systems.

He is currently the executive board secretary of the Lebanese Order of Psychologists, member of the Psychologists Licensing Committee at the Ministry of Public Health, and its representative at the colloquium committee at the Ministry of Education and Higher Education.



Lea Sawaya Wassaf, PhD

Licensed clinical psychologist and psychotherapist, Lea has over 12 years of experience in the field of clinical psychology and psychopathology.

She holds a PhD in Clinical Psychology from USEK and a degree in Cognitive and Behavioral Approaches of Mental Disorders from Saint Joseph University (USJ). She has a long experience in many drugs rehabilitation and prevention centers in Lebanon and has been a committed volunteer in several NGOs. She is also a lecturer at USEK.

In 2016, Lea became a Sworn Psychology Expert at the Lebanese courts. Her educational background and multi-faceted professional experience have led her to become a member of the Lebanese Psychological Association (LPA), the Lebanese Association for Cognitive and Behavioral Therapy (ALTCC) and the Middle East Eating Disorders Association (MEEDA).



Vanessa Elias

A licensed clinical psychologist and psychotherapist, Vanessa is a Clay Field Therapist and a practitioner registered with both the Lebanese Association for the Development of Psychoanalysis (ALDeP) and the International Psychoanalytical Studies Organization (IPSO).

Vanessa holds a master's degree in Clinical Psychology from USEK where she is currently a lecturer. She is also Head of the Psychology Psychometric Department at the *Centre d'Accompagnement Psychologique* (CAP). Her main experience is in schools and group dynamics.