General Education Program

Overview

As the world is reshaped by innovation and cross-cultural encounters, college curriculums are evolving beyond the sole pursuit of knowledge. The teaching and learning experience is moving toward a Liberal Arts education model where the essential learning outcomes are designed to address contemporary challenges. While knowledge, practical skills and abilities develop through many experiences across the curriculum, the General Education program at USEK focuses on personal, professional and societal development. General Education areas defined below foster wide Liberal Arts outcomes, emphasizing both hard and soft skills that align with the institutional learning outcomes, job market needs and the demands of the new global century.

Rooted in USEK's mission and commitment to faith, human dignity, spiritual values, and respect for cultural and religious pluralism, the GE program at USEK reflects the values of its founder, the Lebanese Maronite Order, and the teachings of the Catholic Church on higher education. Therefore, GE courses engage students in fundamental questions of faith and justice, encouraging them to reflect on diverse perspectives and form independent judgments.

The GE program also aims to provide undergraduate students with value-based learning, intellectual inquiry and the skills needed to develop thoughtful and engaged citizens. It empowers students to critically understand religious tradition, ethical theories, and moral development. Therefore, GE courses seek to shape students into future leaders, equipped with cultural awareness, technical proficiency, and humanistic values to build a better world.

The GE program includes basic general knowledge and takes into consideration students who are enrolled in both scientific and humanities fields. Students in scientific fields gain exposure to the humanities and social sciences, while those in the humanities develop competencies in natural sciences and quantitative reasoning. Therefore, GE courses help students evaluate and use evidence to construct well-founded arguments and evidence-based decisions. Students are steered to apply tools from their various disciplines to identify and address intellectual, ethical, and practical problems relevant to the contemporary world.

Additionally, GE courses enhance students' research and critical thinking skills, enabling them to locate, assess, and effectively use information from traditional, digital, and technological resources. These courses are designed to ensure students achieve fluency in written and oral communication, fostering their ability to express themselves clearly and appropriately in academic, professional, and social contexts.

Moreover, since the GE program prioritizes human well-being, the courses help develop students' physical and mental development. It plays a vital role in shaping their individuality. Courses provide opportunities for students to express their identity through verbal and non-verbal means. While developing oral and written communication skills, students also cultivate their artistic expression, enabling them to engage intellectually and creatively with diverse individuals.

Core Areas

The GE program is divided into 10 core areas of 3 credits each. These areas are designed to align with the Institution Learning Outcomes (USEK-ILOs) as well as the Job Market needs (as defined by NACE), ensuring a better immersion and engagement of USEK students in personal, social, professional, national, and international contexts. Moreover, the 10 core areas contribute to the implementation of the United Nations Sustainable Development Goals (UN-SDGs).

INSTITUTIONAL LEARNING OUTCOMES

Through USEK General Education, students will be able to:
A. Engage in fundamental questions of faith and justice.
B. Identify, reflect upon, integrate, and apply different arguments to form independent judgments.
C. Collect, interpret, evaluate, and use evidence to construct arguments and make evidence-based decisions.
D. Apply knowledge and tools from various disciplines to identify and address intellectual, ethical, and practical problems of relevance to the contemporary world.
E. Communicate ideas and arguments through clear writing and speech.
F. Identify information needs, locate and access relevant resources, and critically evaluate their validity.
G. Collaborate intellectually and creatively with individuals from diverse backgrounds.
H. Engage in creative process and thinking to support society.

NACE CAREER READINESS AND COMPETENCIES

https://www.naceweb.org/career-readiness/competencies/career-readiness-defined/

a. Critical Thinking/Problem Solving
b. Oral/Written Communications
c. Teamwork/Collaboration
d. Digital Technology
e. Leadership
f. Professionalism/Work Ethic
g. Career Management
h. Global/Intercultural Fluency

UNITED NATIONS SDGs

https://www.un.org/development/desa/disabilities/envision2030.html

GOAL 1: No Poverty
GOAL 2: Zero Hunger
GOAL 3: Good Health and Well-being
GOAL 4: Quality Education
GOAL 5: Gender Equality
GOAL 6: Clean Water and Sanitation
GOAL 7: Affordable and Clean Energy
GOAL 8: Decent Work and Economic Growth
GOAL 9: Industry, Innovation, and Infrastructure

GOAL 10: Reduced Inequality
GOAL 11: Sustainable Cities and Communities
GOAL 12: Responsible Consumption and Production
GOAL 13: Climate Action
GOAL 14: Life Below Water
GOAL 15: Life on Land
GOAL 16: Peace and Justice Strong Institutions
GOAL 17: Partnerships for the Goals

CORE AREAS MAPPED TO USEK ILOs, NACE & UN SDGs

Core areas	USEK ILOs	SDGs
English Communication	E, F	4
Intercultural and Religious fluency	A, B, E	1, 2, 4, 16
Lebanese History and Legacy	B, F, E	4, 8
Humanities, Ethics, and Civilizations	D, E, F	4, 5, 10, 16
Artistic Discovery	B, G	4, 5, 10, 17
Psychology and Social Behavior	C, E, G	3, 4, 5, 8, 10, 11, 12
Career Management	E, G, H	4, 5, 8, 9, 10, 16
Effective Thinking and Quantitative Reasoning	C, D	4, 8, 9
Digital Literacy and Information Technology	C, F, H	4, 9, 17
Sciences and Health	C, H	2, 3, 4, 6, 7, 12, 13, 15

Description, Goals, and Learning Outcomes of Core Areas

English Communication (3 cr.)

GE courses in English Communication aim at developing students' aptitude and mastery in English Language and information literacy skills.

After completing this rubric's requirements, students will be able to:
1. Master tools to different types of writing genre.
2. Demonstrate ability in composing different writing types according to academic and public audiences.
3. Design purposeful presentations.
4. Perform well-organized oral speech in conversational, formal, and informal situations.

Intercultural and Religious Fluency (3 cr.)

GE courses in Intercultural Religious Fluency rubric aim at widening students cultural and religious perspectives by promoting intercultural dialogue. This rubric's courses intend promoting human and Christian values, and respect of cultural and religious pluralism by engaging students in fundamental questions of faith and justice.

After completing this rubric's requirements, students will be able to:
1. Understand similarity and differences between their own values and other cultures'/communities' beliefs in an intercultural dialogue perspective.
2. Define their worldviews, personal views, and goals in accordance with his religious thoughts and religious beliefs.
3. Demonstrate growth in personal integrity, ethics, judgment, and Christian religious beliefs.

Lebanese History and Legacy (3 cr.)

GE courses in Lebanese History and Legacy rubric aim at spreading the main components of the Lebanese history and beliefs. Courses widen knowledge, understanding, and analysis of historical and ideological concepts and develop the spirit of discussion and debate.

After completing this rubric's requirements, students will be able to:
1. Understand Lebanese history and political legacy.
2. Analyze philosophical and ideological concepts.
3. Discuss positions and topics based on historical facts.

Humanities, Ethics and Civilizations (3 cr.)

GE courses in Humanities, Ethics and Civilizations rubric introduce students to different forms of cultural questions and expressions. These courses seek to widen students' understanding of cultural, philosophical, and ethical areas, fostering their engagement with enduring existential issues. By exploring this category, students will better apprehend the complex dynamics, problems and challenges shaping our contemporary world.

Civilizations courses help students explore the rich diversity of world's cultures with a focus on increasing knowledge and understanding of the geography, history, and traditions of various countries or civilizations.

Upon completing the requirements of this this rubric requirements, students will be able to:
1. Understand concepts, currents of thoughts and approaches of different civilizations.
2. Identify intellectual, ethical, and cultural problems of relevance to the contemporary world.
3. Conduct an analytical reading of the environment and its components.
4. Apply knowledge and tools from various disciplines to personal and professional contexts.

Artistic Discovery (3 cr.)

GE courses under Artistic Discovery rubric help students discover their artistic potential and express their ideas creatively. These courses aim to develop students' critical thinking and nurture their artistic

tendencies.

Upon completing the requirements of this rubric, students will be able to:

1. Understand creative works within historical and contemporary Lebanese, oriental or international contexts.
2. Analyze original works as a form of expression from a critical and comparative perspective.
3. Express themselves creatively through their chosen artistic medium.
4. Collaborate with peers on creative projects, developing effective communication and teamwork skills to achieve artistic goals.

Psychology and Social Behavior (3 cr.)

GE courses in Psychology and Social Behavior rubric promote individual and social responsibility by encouraging actions that foster civic engagement. These courses aim to involve students in personal, political, and public activities, cultivating a sense of commitment to the community. The courses tackle several fields – social, community, environmental, and psychological – that enrich students' lives and provide socially beneficial contributions to both the local and global communities.

Upon completing the requirements of this rubric, students will be able to:

1. Demonstrate commitment to civic engagement and service to the community and world.
2. Acquire psychological and social techniques to develop individual skills.
3. Explore the diversity of human behavior and individual differences related to culture, ethnicity, gender, sexuality and socioeconomic status.
4. Understand the influence of social interactions and societal norms on individual behavior and identity.

Career Management (3 cr.)

GE courses in Career Management are designed to equip students with the foundational "soft skills" and work-based learning experiences to prepare them for success in the workplace. These courses provide opportunities for students to practice and refine their skills, helping them build the self-confidence necessary to secure and maintain employment aligned with their professional goals.

Upon completing the requirements of this rubric, students will be able to:

1. Set professional goals based on their skills and interests.
2. Identify potential employment opportunities they are qualified for.
3. Identify the appropriate ways to apply for jobs.
4. Demonstrate appropriate behavior for the workplace.
5. Understand different leadership styles.

Effective Thinking and Quantitative Reasoning (3 cr.)

GE courses in the Effective Thinking and Quantitative Reasoning rubric aim to enhance the students' ability to identify, understand and solve problems based on quantitative reasoning schemes. These courses foster the development of intellectual and practical skills by engaging students in everyday situations and real-world critical thinking scenarios.

Upon completing the requirements of this rubric, students will be able to:

1. Interpret numerical data and graphs accurately, drawing conclusions and making informed decisions based on quantitative information.
2. Demonstrate proficiency in solving problems using systematic approaches and quantitative methods.
3. Develop skills in deductive and inductive reasoning, including recognizing patterns, making logical deductions, and formulating hypotheses.
4. Present arguments supported by quantitative evidence.

Digital Literacy and Information Technology (3 cr.)

GE courses in the Digital Literacy and Information Technology rubric introduce fundamental skills that help students understand the increasing role of digital technology and its major impacts on modern

human practices. These courses focus on adopting methods that apply technology to to learning and development.

Upon completing the requirements of this rubric, students will be able to:

1. Identify emerging trends in digital technology.
2. Evaluate the accuracy and relevance of digital information.
3. Understand the digital tools professional implications.
4. Demonstrate the ability to use digital technology efficiently, safely and ethically.

Sciences and Health (3 cr.)

GE courses in Sciences and Health rubric help students understand the role of sciences in everyday life. While introducing knowledge related to natural sciences, these courses lead students to understand scientific principles and apply their knowledge to real-life situations.

Upon completing the requirements of this rubric, students will be able to:

1. Demonstrate an understanding of the logical foundations of sciences.
2. Explain how the natural phenomena function in basic physical or biological systems.
3. Understand how the natural world presents both problems and solutions.
4. Understand the daily practices that maintain a healthy lifestyle.

General Education Courses

English Communication (3 credits)

ENG240	English Communication Skills

Intercultural and Religious Fluency (3 credits)

GERE200	The Eastern Churches and the Ecclesial and Social Interculturality
GERE205	Religious and Cultural Pluralism
GERE210	Moral Issues Through the Lens of Christianity
GERE299	Intercultural and Religious Fluency

Lebanese History and Legacy (3 credits)

GEHS200	History of the Arab World
GEHS205	Ancient and Medieval History of Lebanon
GEHS210	Modern and Contemporary History of Lebanon
GEHS215	Phoenician Language and Civilization
GEHS220	History and Message of Lebanese Philosophy
GEHS225	Women in the History of Lebanon and the Arab world (19th - 20th Century)
GEHS230	Founding Fathers of Lebanon: A Historical Perspective (1860-1990)
GEHS240	History of the Lebanese Army
GEHS245	Lebanese History and Culture
GEHS250	The Role of Education in Shaping Modern Lebanon
GEHS255	Local History, Stories, and Identities in Lebanon
GEHS299	Lebanese History and Legacy

Humanities, Ethics, and Civilizations (3 credits)

GEHU200	Law and Religion
GEHU205	Philosophical Questions
GEHU210	Ethics and Values / Ethical Issues
GEHU225	A Philosophical Journey through Arts
GEHU230	Philosophy in the Era of AI
GEHU299	Humanities, Ethics, and Civilizations

Artistic Discovery (3 credits)

GEAD200	Contemporary Cinema
GEAD205	Artistic Technics of the Icons
GEAD210	Musical Listening and Appreciation
GEAD215	Conservation and Restoration of Cultural Properties
GEAD220	Appreciation of Theater and Acting
GEAD225	The Art of Photography Practices
GEAD230	Encausting Painting
GEAD299	Artistic Discovery

Psychology and Social Behavior (3 credits)

GEPS200	Youth and Society
GEPS205	Civic Engagement Journey
GEPS210	Positive Psychology

GEPS215	Social Emotional Learning for Real-Life Practices
GEPS220	Human Rights
GEPS225	Information Literacy and Social Development
GEPS299	Psychology and Social Behavior

Career Management (3 credits)

GEMG205	Work Ready Now
GEMG210	Foundations of Entrepreneurship
GEMG215	Applied Public Relations
GEMG225	Leadership Principles
GEMG230	Transition into the Workspace
GEMG299	Career Management

Effective Thinking and Quantitative Reasoning (3 credits)

GEQR200	Basics of Critical Thinking
GEQR205	Applied Statistics for Everyday Decisions
GEQR210	Concrete Mathematics in Real-Life Applications
GEQR299	Effective Thinking and Quantitative Reasoning

Digital Literacy and Information Technology (3 credits)

GEIT200	Data Use and Visualization
GEIT205	Digital Humanities and Numerical Identity
GEIT210	Information Technology and Networking
GEIT299	Digital Literacy and Information Technology

Sciences and Health (3 credits)

GESH205	Health, Sport, and Wellbeing
GESH210	Chemistry in Daily Life
GESH215	Applied Biology
GESH220	Practices in Nutrition and Health
GESH225	First Aid and Emergency Care
GESH230	Sustainability in Everyday Life
GESH299	Sciences and Health

Course Description

ENG240 – English Communication
English 240 is designed to help upper-intermediate learners reach an advanced level of academic English. At this stage, students are expected to apply four basic language skills (listening, speaking, reading and writing) to develop a strong command of English. Productive skills are sharpened through clear models and guidelines that guarantee the effective assimilation of effective reading and writing strategies. The integration of listening and speaking further enhances students' conversational English in both formal and informal settings and improves their speech techniques. ENG 240 will enable students to write in various genres and deliver well-organized oral presentations while improving their language awareness, fluency, and accuracy.

GERE200 – The Eastern Churches and the Ecclesial and Social Interculturality
This course introduces the Church founded by Jesus Christ and explores its significance through the lens of Holy Scriptures. It emphasizes the growth of Churches over the centuries, helping students understand the identity and characteristics of the Eastern Churches. By distinguishing between the various traditions, students will gain a deeper appreciation of their respective contributions. The course aims to promote respect for others, regardless of differences in traditions and provides practical tools for fostering fraternal communication.

GERE205 – Religious and Cultural Pluralism
This course examines the multiple aspects of interdependence between religion and culture in the MOANGA region, with particular attention to Lebanon and its surrounding area. The course encourages critical reflection on religious and cultural pluralism, exploring its significance and challenges in the region. It aims to develop the students' critical thinking skills to address interreligious and cultural issues, based on religion as a source of peace and understanding.

GERE210 – Moral Issues Through the Lens of Christianity
This course aims to address the challenges associated with moral principles in the context of cultural and religious diversity. It explores controversial moral, political, social, and bioethical issue, encouraging students to analyze tensions in a comprehensive manner, reflecting on their own concepts and values in relation to those of others.

GEHS200 – History of the Arab World
This engaging General Education course explores the rich historical tapestry of the Arab world. Delving into key historical periods, cultural shifts, and geopolitical developments, students will gain a nuanced understanding of the region's history. Topics covered include the rise of Islamic civilization, the Golden Age of Islam, the Ottoman Empire, the impact of colonialism, and contemporary challenges. Through critical analysis and exposure to diverse perspectives, students will enhance their cultural literacy and historical awareness, fostering a comprehensive appreciation of the Arab world's significant contributions to global history.

GEHS205 – Ancient and Medieval History of Lebanon
This course offers students a comprehensive exploration of Lebanon's historical evolution from its ancient origins to the medieval period. Through an interdisciplinary approach, students will delve into the rich tapestry of Lebanon's cultural, political, social, and economic developments.

GEHS210 – Modern and Contemporary History of Lebanon
This course aims to clarify the long-term developments shaping contemporary debate. It focuses on forming Lebanon's polity, identity, and place in the wider Arab world, exploring leadership, government, and broader social and cultural contexts.

GEHS215 – Phoenician Language and Civilization
This course offers an introduction to the political, social and cultural history of the Ancient Near East, from prehistory to the end of the Iron Age (ca. 330 B.C.), with a focus on Phoenician culture in Lebanon, Syria and Palestine.

GEHS220 – History and Message of Lebanese Philosophy
This course focuses on the historical evolution of Lebanese philosophy, drawing from Kamal El-Hage's work "Mujaz

Al Falsafa Al-Lubnaniyya" and extending it to contemporary Lebanese philosophers. Philosophical workshops are designed in collaboration with students.

GEHS225 – Women in the History of Lebanon and the Arab world (19th - 20th Century)
This course explores the concept of gender and its impact on the history of Lebanon from the late 19th century to the present. It focuses on the roles and contributions of key female figures in various fields such as education, science, politics, and social work. Students will analyze the origins and development of women's movements in Lebanon to understand their influence on societal changes, including emancipation, access to education, contribution to independence, voting rights, and human rights advocacy.

GEHS230 – Founding Fathers of Lebanon: A Historical Perspective (1860-1990)
This course provides a comprehensive exploration of the lives, contributions, and historical significance of the Founding Fathers of Lebanon. By examining the roles of prominent figures such as Habib Pacha al Sa'd, Mousa Nammour, Maronite Patriarch Elias Houayek, Shibl Dammous, Ibrahim Talhuq, Shaykh Muhammad al-Jisr, Yusuf al-Khazin, Charles Debbas, Fuad Arslan, Emile Edde, Michel Shiha, Fuad Junblat, Bshara al-Khury, 'Umar al-Daouq, 'Umar Bayhum, and Riyad al Sulh, students will gain a deep understanding of Lebanon's foundations and its evolution as a nation-state.

GEHS240 – History of the Lebanese Army
This course focuses on the history of the Lebanese Army, exploring its past, present, and future challenges. It highlights key historical events, their contexts, and significant consequences. The curriculum integrates theoretical studies with practical insights, including battlefield case studies, to equip students with a comprehensive understanding of the Lebanese Army's role in national history.

GEHS245 – Lebanese History and Culture
This course introduces students to the history and cultural heritage of Lebanon emphasizing lifestyles, artifacts and architectural landmarks. Throughout the course, students will explore the history of Lebanon from the prehistoric age, examining how factors such as colonialism, nationalism and war have impacted Lebanon's cultural heritage. Through the study of food, music, art, traditions, museums, and architecture, students will gain an appreciation of Lebanese history and the heritage of its people.

GEHS250 – The Role of Education in Shaping Modern Lebanon
This course examines the role of education in the development of Lebanon, focusing on the influence of intellectuals and the growth of schools and universities throughout various historical stages. It highlights how educational institutions have shaped social and political transformations in Lebanon, particularly in Mount Lebanon. The course also explores the relationship between scientific and educational advancements and historical progress, demonstrating how intellectual openness and diverse historical experiences have contributed to the proliferation of educational institutions in the country.

GEHS255 – Local History, Stories, and Identities in Lebanon
This course examines the local history of Lebanon and its impact on the formation of Lebanese identity. Through the study of historical events, key figures, cultural movements and social developments, students will explore how history has shaped a nation's identity and sense of belonging. The course will focus on the diverse communities that make up the Lebanese society andthe evolution of their cultural, social and political identities. Using primary and secondary sources, students will understand the stories of daily life and the identities of diverse Lebanese communities.

GEHU200 – Law and Religion
This course explores the interaction between law and religion in contemporary society, a topic of particular importance in Lebanon and increasingly relevant on the international level with the resurgence of religion in public life.

GEHU205 – Philosophical Questions
This course aims at raising students' awareness on profound questions about the meaning of human existence through its fourfold relationship: 1) with oneself - 2) with others, - 3) with nature and 4) with the Absolute,

encompassing metaphysical and religious domains.

GEHU210 – Ethics and Values / Ethical Issues
This course aims to introduce students to new ways of approaching ethical issues. Beginning with foundational ethical theories and concepts, it progresses to critical and reflexive analyses of how ethical principles and values apply to personal and social issues.

GEHU225 – A Philosophical Journey through Arts
This course explores the rich interplay between philosophy and art, delving into timeless questions about beauty, representation, and meaning. It examines influential philosophical theories and their impact on various art movements, from ancient to contemporary, to deepen the students' understanding of artistic expression and its philosophical significance.

GEHU23 – Philosophy in the Era of AI
This course explores the philosophical implications of artificial intelligence (AI) and its impact on society by analyzing and exploring the nature of intelligence and consciousness, the ethical and moral challenges of AI, its social and political ramifications, and its influence on human relationships.
Through readings, discussions, and writing assignments, students will explore AI from a philosophical perspective, developing critical thinking skills related to its ethical and societal implications.

GEAD200 – Contemporary Cinema
This course offers students a valuable understanding of the cultural and socio-political significance of contemporary cinema. It explores the diverse contexts—ideological, industrial, and artistic—within which 21st-century filmmakers operate, both challenging and contributing to the medium's evolution. Weekly case studies equip students with foundational critical skills and theoretical frameworks associated with the academic study of film.

GEAD205 – Artistic Technics of the Icons
The objective of this course is to introduce students to the art of contemporary icon painting by applying different basic techniques, taking into account the nature of materials used in the history of iconography and their proper application.

GEAD210 – Musical Listening and Appreciation
This course is designed to foster an appreciation for music by introducing students to its cultural and developmental impact on human growth, including social, affective, motor, cognitive and linguistic domains. Designed for students with little musical training, this course offers targeted listening and in-depth experiments to help them deepen their understanding of music's evolution.

GEAD215 – Conservation and Restoration of Cultural Properties
The course introduces students to methodological concepts on the conservation, restoration, and enhancement of cultural properties. It emphasizes preventive conservation and the general conservation environment. Students will engage in historical site visits, museum tours, and private collection studies that provide a deep understanding of the country's cultural heritage.

GEAD220 – Appreciation of Theatre and Acting
The course exposes students to the basic elements of theatrical performance. By watching, reading, and analyzing plays and scenes from different genres and authors, students will develop their critical thinking and learn how to express their opinions, formulating well-structured and balanced critiques, hence contributing to the broader discourse on performance arts.

GEAD225 – The Art of Photography Practices
This course is designed to cultivate image literacy while demonstrating the excitement, fun, and relevancy of photography. Through hands-on practice, students will develop their artistic skills and learn to create visually compelling images.

GEAD230 – Encaustic Painting
This course delves into the ancient art of encaustic painting, a technique that uses heated beeswax mixed with coloured pigments. Students will explore the rich history of encaustic art, uncover its unique properties, and examine its contemporary applications. Through hands-on practice, they will learn to create vibrant, textured artworks while mastering the essential techniques and adhering to safety protocols.

GEPS200 – Youth and Society
This course examines the multi-dimensional experience of youth, positioning it in relation to other age groups through an analytical lens. of Students will explore concepts such as values, norms, culture, ritual, symbols, engagement, life projects, and the social role of religion, etc. The course places the youth within key social spaces and times such as: family, friends, leisure, associative and political life. Designed to highlight the pivotal role of young people in societal transformation, this course fosters a humanistic dialogue between societies, emphasizing youth as agents of change and innovation.

GEPS205 – Civic Engagement Journey
"Civic Engagement Journey" guides students toward achieving their "Life Project" goals. The course is designed as a fundamental pillar of academic training, both conceptually and empirically. Through this journey, students will explore the principles of volunteering within specific contexts, engage with collective social projects, and reflect on the challenges and rewards of active citizenship. The course fosters a commitment to societal betterment by encouraging thoughtful action aligned with the values of civic responsibility and ethical leadership.

GEPS210 – Positive Psychology
This course introduces students to the principles and practices of positive psychology, emphasizing personal growth, well-being, and self-realization. By studying the foundations of positive psychology, including Martin Seligman's assertion that it "studies what gives meaning to life," students will learn to harness strengths and strategies to promote well-being in their daily lives.

GEPS215 – Social Emotional Learning for Real-Life Practices
This course equips students with knowledge, practice, and assessment tools needed to support academic achievement and long-term success. It encourages students to engage in reflective practices based on data from their own communities, fostering a culture of continuous improvement. Students will refine their instructional practices, explore various Social Emotional Learning (SEL) frameworks over the long-term, and develop assessment techniques to promote positive emotional development, interpersonal skills, and self-regulation.

GEPS220 – Human Rights
This course introduces students to the fundamental concept of Human Rights, focusing on the historical development of charters related to individual rights. It examines the socio-political, philosophical and theological conditions that led to the emergence of the Universal Declaration of Human Rights. The course includes a detailed study of the principles of this Declaration.

GEPS225 – Information Literacy and Social Development
This course teaches students how information and search tools shape the evolution of societies. By understanding the social impact of information literacy, students will develop skills that enhance their effectiveness in professional, social, and personal contexts.

GEMG205 – Work Ready Now
This course is designed to provide students with foundational soft skills and work-based learning experiences to prepare them for success in the workplace. The course integrates work-based activities to help students connect theory to practice. Students will create a career portfolio that will help them on their experiential journey.

GEMG210 – Foundation of Entrepreneurship
This course is designed to introduce students to the dynamic world of entrepreneurship. It explores the entrepreneurial process that enables individuals to create or develop innovative ideas into viable startups in today's rapidly developing environment. Students will examine the steps involved in launching a startup,

understand how entrepreneurial activities are shaped, study entrepreneurship systems, and demonstrate critical thinking through developing entrepreneurial ideas.

GEMG215 – Applied Public Relations

This bespoke course is designed to introduce students to the art and science of Public Relations and its real-world applications across governments, businesses and individuals. It examines the broad spectrum of audiences targeted by PR campaigns and emphasizes the sustained and consistent efforts required for effective communication.

GEMG220 – Leadership Principles

This course is designed to equip students with the essential skills and knowledge required to become effective leaders in various contexts. The course combines theoretical foundations with practical applications, focusing on critical leadership competencies and the ethical and social responsibilities inherent in leadership roles. Through interactive lectures, group discussions, case studies, and practical exercises, students will enhance their leadership abilities and prepare for leadership roles in both their academic and professional settings.

GEMG230 – Transition into the Workspace

"Transition into the Workforce" (From Classroom to Corporate) is designed to bridge the gap between academic learning and professional employment. The course provides students with real-life insights into corporate environments and prepares them for the challenges of the business world. Through interactive activities, students from diverse backgrounds collaborate to achieve common objectives. The course emphasizes the development of in-demand skills, professional competencies, and effective teamwork, empowering students to excel in the early stages of their career.

GEQR200 – Basics of Critical Thinking

"Basics of Critical Thinking" is a foundational General Education course designed to cultivate essential critical thinking skills. Through a systematic exploration of reasoning, analysis, and evaluation, students will develop the ability to think critically and make informed decisions. The course emphasizes the application of logical frameworks to various contexts, fostering intellectual autonomy and enhancing problem-solving capabilities. By engaging with diverse perspectives, students gain a deeper understanding of the significance of critical thinking in academic, professional, and everyday scenarios.

GEQR205 – Applied Statistics for Everyday Decisions

This course introduces students to the practical role of statistics in various aspects of daily life, from business to healthcare and social sciences. It emphasizes hands-on understanding and application of statistical concepts through data collection, summarization, and analysis.

GEQR210 – Concrete Mathematics in Real-Life Applications

This course aims to offer students an engaging exploration of mathematics in real-world scenarios. Topics are presented in a modern and accessible manner, showcasing diverse mathematical approaches such as algorithmic, graphical, algebraic, statistical, and analytic methods.

GEIT200 – Data Use and Visualization

"Data Use and Visualization" is a foundational General Education course designed to equip students with essential skills in acquiring, interpreting, and effectively presenting data. This course explores various methods of data analysis and visualization techniques, fostering critical thinking and enhancing the ability to make informed decisions based on data-driven insights. Students will gain hands-on experience with data tools and visualization platforms, developing proficiency in translating complex information into clear and impactful visual representations. This course is essential for students seeking to navigate the data-rich landscape of contemporary fields, enabling them to make informed judgments in diverse academic and professional contexts.

GEIT205 – Digital Humanities and Numerical Identity

In today's world, youth are requested more than ever to take part in digital culture. They are surrounded by a variety of tools and platforms that offer interactive environments through photo sharing, video streaming, chatting, and more. As a result, youth find themselves deeply immersed in cyberspace without fully understanding

the implications of their growing digital engagement. This course provides adequate digital literacy to the future generation, fostering knowledge, values and various aspects of critical thinking, communication, and information management skills, tailored for the digital age.

GEIT210 – Information Technology and Networking
This course introduces students to the basics of integrating information technology and networking into professional life. Topics covered include computer hardware, peripherals and system unit, application software, system software, networking principle, privacy security and ethics. Additional focus is given to practical tools such as Excel Spreadsheets and digital marketing strategies, including planning, implementing, and optimizing digital marketing programs.

GESH205 – Health, Sport, and Wellbeing
This course provides the knowledge, skills and values needed to benefit from a physically active lifestyle. It includes fitness instruction and activities suitable for all students, emphasizing exercises that require minimal or no equipment, and to assess their physical fitness levels. Each topic includes evidence-based lectures supported by scientific research, paired with practical methods for application.

GESH210 – Chemistry in Daily Life
The aim of this course is to enrich students' lives by providing chemical literacy that highlights the usefulness of chemistry in daily life. Students will explore the practical applications of chemistry, gaining insights that are valuable not only for scientists but also for consumers, economists, journalists, lawyers, legislators, social and political scientists, and the general public.

GESH215 – Applied Biology
This course in the Sciences and Health rubric helps students understand the contribution of sciences to everyday life. By introducing concepts related to natural sciences, this course leads students to understand scientific components and apply their knowledge to real-world situations.

GESH220 – Practices in Nutrition and Health
This course aims to broaden the scientific understanding of the vital and multidisciplinary field of nutrition. Throughout the course, students will gain insights into how diet affects health, how they truly are thermodynamic machines made out of vital nutrients that regulate the body's metabolism and energy needs. The objective of this course is to simplify certain core nutritional concepts to lay the foundation for maintaining an optimal, healthy diet and lifestyle.

GESH225 – First Aid and Emergency Care
This course, part of the Sciences and Health rubric, equips students with the knowledge and skills needed to respond to medical emergencies. The course is divided into four parts:
- Basic knowledge in anatomy and the functioning of body systems.
- Prevention of the most common diseases and accidents.
- Key concepts related to the most common diseases and the action to be taken.
- First-aid techniques to deal with life-threatening emergencies or accidents.
Upon successful completion of this course, students will receive a First Aid certificate from the Lebanese Red Cross.

GESH225 – First Aid and Emergency Care
This course introduces students to the principles of sustainability and their practical applications in everyday life. Through an interdisciplinary approach, students explore environmental, social, and economic aspects of sustainability, with a focus on the UN Sustainable Development Goals (SDGs). Topics covered include ecological footprints, energy and water conservation, waste management, sustainable food systems, ethical consumption, climate change, and sustainable communities. Through hands-on activities, critical thinking exercises, and real-world applications, students will develop a deeper understanding of sustainability concepts.